



Dr. Alyx MacTernan, Ed.D., LPC, LMHC Philosophy and Information for Florida Residents

Philosophy/Therapeutic Orientation: At the heart of my work is my desire to support and encourage healthy relationships both with ourselves and others.

As a Licensed Mental Health Counselor (LMHC) of the State of Florida Board of Clinical Social Work, Marriage & Family Therapy, and Mental Health Counseling, I will abide by its Code of Ethics. Adherence to this code requires participation in continuing education and training in subjects relevant to this profession.

Formal Education/Training: I received my Ed.D. in Counseling Psychology from Argosy University. Additionally, I have completed training in Telemental Health earning my certificate from the Telehealth Institute.

Fees: (cash, check, debit/credit (Visa, MasterCard, AmEx, Discovery; collected each session).

Individual session private pay (50 minutes): **\$150**

Group session (50 minutes): **\$150**

Relationship Counseling session (50 minutes): **\$150**

Cancellations: Cancellations and scheduling change requests made at least 24 hours prior to scheduled sessions are honored without fee requirement. Cancellations or rescheduling requests made within 24 hours a scheduled appointment will require full fee payment for the cancelled or rescheduled session.

Completing Counseling: I believe that clean endings support clean beginnings, and this is of importance in how you and I end our work together. As you feel ready – either to take a break, or to end our sessions – please communicate this to me so we can collaborate on a final session that honors both our time and work together, and your next phase.

Online Counseling: Video and electronic communication using ZOOM is an emerging method for coaching and counseling and affords many opportunities for clients to access practitioners outside their locale, and/or from the convenience of their own venue. Even though ZOOM is HIPAA-compliant, it is important to understand that, due to the use and nature of the internet, I cannot guarantee confidentiality for our video and electronic communication for the following reasons:

-Video or text conferencing conducted at your place of employment may be the property of your employer and may be seen or heard by your employer.

-Video or text conferencing conducted in any location may be overheard by any person in your vicinity.

-It is unknown the length of time for which our video or text communication may be stored, and whether or not your health information is protected.



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As a client of a Florida licensee you have the following rights:

- * To expect that a licensee has met the minimal qualifications of training and experience required by state law.
- * To examine public records maintained by the Board and to have the Board confirm credentials of a licensee.
- * To obtain a copy of the Code of Ethics.
- * To report complaints to the Board.
- * To be informed of the cost of professional services before receiving the services;
 - * To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions:
 - 1) Reporting suspected child abuse;
 - 2) Reporting imminent danger to client or others;
 - 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies;
 - 4) Providing information concerning licensee case consultation or supervision;
 - 5) Defending claims brought by client against licensee.
- * To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

You may contact **the Florida Board of Clinical Social Work, Marriage & Family Therapy, and Mental Health Counseling** at:

4052 Bald Cypress Way Bin C-08 Tallahassee, FL 32399

Telephone: (850) 488-0595

Website: <https://floridasmmentalhealthprofessions.gov/>